

# DISCIPLE GROUP CURRICULUM FACILITATOR WEEK 1 - SEPTEMBER 22 & 25

#### **LEADER INFO:**

- Every Mixed and Men's Disciple Group is getting a field guide for each attending male leader and participant. You can pick them up after service in the Connect Center and Welcome Desk. If you find yourself needing more just let us know by e-mailing Garri Lynn the Disciple Groups Coordinator at garrilynn.darter@coe22.com.

#### **GROUP ANNOUNCEMENTS:**

• We have two Disciple Group Experiences coming up, October 10th and 17th! If you still have room in your group this is the perfect opportunity to join us in sharing the experience of Disciple Groups with interested people, encouraging them to sing up. October 17th is a special mens-only Disciple Group Experience to give the men hearing our Act Like Men series a chance to respond by joining groups. It will be catered with BBQ. You can rsvp at coe22.com/disciplegroups.

# ACTION STEP FOLLOW UP (5 MINUTES) LAST WEEK:

Look through (and write down if you haven't) the practical ways mentioned in your group on how to abide in Christ. What practical way(s) can you commit to abide deeper in Christ this week? Find someone to hold you accountable.

#### **FOLLOW UP QUESTION**

In what ways did you abide in Christ this last week? How did it help you DEEPEN your relationship with Jesus?

**TEXTS:** 1 CORINTHIANS 16:13-14, GENESIS 2:5-9, GENESIS 2:15-25, ROMANS 5:17

#### THE RECAP (10 MINUTES)

The 1st week of Act Like Men taught us about biblical manhood; that before standing a man of God must first BOW DOWN. It is God who gave us life and it is his example that men should look to in their call to lead and love well. Part of that leading and loving includes recognizing the blessings God has given to men; their ability to work, a willingness to obey, and the women in their lives. Without the work of the Lord men are without the grace and righteousness they so desperately need to be who God designed them to be.

**BIG IDEA:** TO STAND UP AND ACT LIKE A MAN YOU MUST FIRST BOW DOWN AND SURRENDER TO JESUS.

## **TEACHING & DIALOGUE**

#### Have someone read Genesis 2:5-9 out loud.

1. How can understanding our origins help us deepen our relationship with God?

#### Have someone read Genesis 2:15-25 out loud.

- 2. What correlation do you think there is between man's purpose to "work" and "keep" the earth and our coming "from the ground"?
- 3. How are women a good "fit" for men?

#### Questions for men:

- 4. God gave Adam work to enjoy, a will to obey, and a woman to love. What do these areas look like in your life?
- 5. How are these relationships a blessing to you?
- 6. Which women in your life do you need to show more honor and respect to?

#### Questions for women:

- 4. How are you coming alongside the men in your life to help their work and leadership?
- 5. What is the work you can help the men in your life accomplish?
- 6. Which men in your life could you do a better job living side-by-side with and even provide aid to?

#### Have someone read Romans 5:17 out loud.

- 7. In what areas of our life does our freedom cause us to be tempted towards sin? And how can we safeguard against the temptations that come with that freedom?
- 8. Where in your life do you see an "abundance" of grace and righteousness?





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### **ACTION STEP**



■ CULTIVATE MINISTRY
■ PLANT THE GOSPEL

■ PUT DOWN ROOTS
■ SOW GOSPEL SEED

What are ways you can BOW DOWN to Jesus this week? Maybe it means praying and literally getting on your knees. Maybe identifying relationships that are a blessing from God and taking the next step by telling that person what a blessing they are and encouraging them. You can share with someone else the "abundance" of grace you've experienced and prompt them to do the same. Be intentional to BOW DOWN this week.

